

The Washington Voice

An e-newsletter from



Adult Family Home Council

OF WASHINGTON STATE

Our Mission:

To improve the lives and well-being of vulnerable adults through support of adult family homes.

Serving Adult Family Homes for more than 20 years!

Advocates for Compassionate, Individualized Care

November 2017

Hello Adult Family Homes of Washington,

Recently I have spoken to a number of Council members concerned about the impact of the minimum wage increases passed by the voters of the state of Washington. I share your concern. Initiative 1433 created incremental increases to the minimum wage that began in 2017 and continue over the next couple of years until the minimum wage reaches \$13.50 per hour. Additionally the initiative requires employers to offer paid sick leave.

CALL TO ACTION

We were just informed by the Governor's office that Governor Inslee does not intend to support the Adult Family Homes with rate adjustments related to the minimum wage initiative. This is outrageous. The AFH Council is urging all providers to write to Governor Inslee by following [this link](#). Fill out the form with your information and consider using the following talking points/sample language to let them know the critical nature of this rate adjustment to ensure that AFH's can be compliant with these increased demands. The link also includes a phone number and fax option.

Please include a rate adjustment related to the increased minimum wage and paid sick leave requirements for adult family homes in the supplemental budget.

- The initiative passed by the people included a fiscal statement calling out long term care workers as needing a rate adjustment. This was included in the Governor's original biennial budget, but not funded.
- 75% of all AFHs and 60% of all residents in AFHs are dependent on Medicaid as a payer.
- Current rates are based on wage assumption below the required minimum wage, and by 2019 will only fall farther behind. We cannot wait another budget cycle.
- Providers will be forced to reduce staffing levels and deny access to the Medicaid resident. This will result in more placements in institutional expensive setting such as skilled nursing and hospitals. A five percent reduction in the current AFH Medicaid caseload will cost more than \$14 million.

You may also choose to include personal stories about the challenges of finding staffing, the increased demands on your business and any financial estimates about the impact of the increased wages on your business. Time is of the essence so please take action today! Together we must raise our voices if we want to achieve the results.

As always, if you have questions or need more information, please do not hesitate to contact us.

All the best,

A handwritten signature in black ink that reads "John Ficker".

John Ficker
Executive Director



SAVE THE DATE! AFH Council's 2018 Legislative Lobby Day!

Join Us In Olympia!

When: Monday, January 22, 2018 - 9:00a - 5:00p

Where: WA State Capitol - Columbia Room - Olympia, WA



We will make appointments with your legislators to:

Talk to your legislators about the needs of adult family homes in Washington state!

Your stories and perspectives will have the greatest impact!

[Sign up online here](#) or call the office to RSVP today! 1-888-439-8999





Message from DSHS - Please sign & return you AFH Contracts

Significant revisions have been made to the DSHS Adult Family Home (AFH) Contract to clarify background check requirements and incorporate the 2017-2019 Collective Bargaining Agreement (CBA). These changes require all contracted AFH providers to sign the new version of the AFH contract so that you can receive rate adjustments for providing assistance with community integration activities and receive mileage reimbursement for eligible Medicaid residents. DSHS is working with AFH providers to obtain signatures on the new contracts and notices have been sent to providers who have not yet signed and returned the new contract. Please take a moment to sign and submit the new version that was sent to you.

You may call Stacey Owens at DSHS if you have any questions. Stacey's number is 360-725-2649.

Nurse Delegation and INR Testing

We have received several calls at the AFH Council with questions about a recent change in a nurse delegator's ability to delegate INR testing. The INR test is used to monitor individuals who are being treated with an anticoagulant (blood thinner) medication. The test is a simple finger stick, much like the blood glucose test. As you may be aware, blood glucose testing can be a delegated task if the caregiver has completed the specialized diabetes nurse delegation training.

The Nursing Commission issued a new motion a few weeks ago clarifying that INR testing is not allowed to be delegated. [RCW 18.79.260](#) states that "Except as authorized in (e) of this subsection, a registered nurse may not delegate acts requiring substantial skill, and may not delegate piercing or severing of tissues". Subsection (e) refers to blood glucose testing and insulin injections. According to Erika Parada, the Nurse Delegation and Adult Day Health Program Manager at HCS, the Nursing Commission and HCS are working together to get this and other tasks added to the RCW and WACs so they can be delegated. In the meantime, we suggest that you contact your resident's medical practitioner who prescribed the INR testing and request Home Health or talk with the Case Manager (if this is a DSHS client) to request skilled nursing services if the resident is not able to go into a clinic to have his/her INR tested.

Affiliate Business Partner Profile - New York Life Insurance

A little more about me...

I became an agent with New York Life Insurance Company in 2002 after working for 5 years in the Accounting industry. I started my career in San Francisco, CA and moved to Bellevue in 2012.



I work closely with the business owners, families and individuals, the Women's Market, Multi Cultural Market, and LGBT Market.

I graduated with a BSBA degree in Finance at San Jose State University.
I reside in Sammamish, WA with my family and am a proud member of the community.

Lilwyn Lucas Dyer

Agent, New York Life Insurance Company

Registered Representative for NYLIFE

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Bellevue WA 98004

Phone 425-462-4828

LLucas@ft.newyorklife.com

As your New York Life agent, I can work with you to identify your goals, understand your needs, and offer insurance and financial products that can help you achieve peace of mind.

At New York Life, every decision we make, every action we take, has one overriding purpose: To be here when you, our policy owners need us. That's how we help you be good at life.

For more than
170 years, we
can break
it down to
one word...

Trust.



Let's get started.

If you're ready to take the next step, I'm ready to help. Contact me to schedule an appointment.

The Benefits of Using a Long Term Care Pharmacy

Amy Pond, Clinical Pharmacist - Ready Meds Pharmacy

From time to time a resident or their family members opt to use a retail pharmacy instead of a long-term care (LTC) pharmacy. There are many reasons for using a LTC pharmacy exclusively. Long-term care pharmacies specialize in services that will assist caregivers in providing excellent care to their residents in a safe manner. These range from compliance packaging, medication administration records (MARs), copies of all current physician's orders, patient drug information sheets, medication delivery seven days a week, charge accounts, and after hours emergency services. Only a LTC pharmacy can do these things efficiently. A retail pharmacy can fill prescriptions accurately but does not ensure that critical WACS and regulations that relate to medications are being followed.

Here are some true stories to illustrate what can happen when an adult family home uses a retail pharmacy instead of a long-term care pharmacy.

1) A physician wrote an order for Cephalexin 500mg to take 1 capsule four times a day for 10 days. He faxed the order to the adult family home and gave the written prescription to a family member. The family member filled the prescription at a retail pharmacy. The retail pharmacist decided that she should call the physician to change the order to 500mg three times a day for 10 days instead of four times a day. The physician agreed and gave the pharmacist a verbal order to change it to three times a day. The retail pharmacist failed to notify the adult family home of the change. Even though the prescription label on the bottle said "3 times a day," the caregiver followed the order that the physician had faxed for "4 times a day." A long-term care pharmacy would have notified the adult family home of any changes to the original order. A copy of the order would have been faxed to the adult family home and a copy would have been delivered along with the medication. In this case, using a retail pharmacy caused a medication error.

2) A family member of a resident at a fairly new adult family home chose to use a retail pharmacy for her relative's prescriptions. The retail pharmacy did not provide medication administration records nor did they provide copies of physician's orders. The MARs that were hand-written by the AFH had several items spelled incorrectly. This caused the adult family home provider to receive a warning from the inspector with a follow-up visit after 10 days. One of our pharmacists conducted a home visit and was able to educate the family member about long-term care pharmacy services. We were able to provide medications in compliance packaging, accurate medication administration records, and the signed physician's orders for the adult family home. As a result, there was no citation issued.

3) Sometimes a retail pharmacy which does bubble packing will say that they are a long-term care pharmacy. Just because a pharmacy does bubble packing does not mean that they are a long-term care pharmacy. I was at an adult family home recently that had previously used another pharmacy. They still had some "prn" bubble packs from the other pharmacy. I noticed that the expiration dates on the label were for one year instead of 6 months per USP 1178. All of the "prn" bubble cards were already outdated. This would have been a citation. Medications in multi-med packs have an expiration date of 60 days per USP 681.

The Benefits of Using a Long Term Care Pharmacy - continued from page 5

Ready Meds Pharmacy recommends that adult family homes have a policy that states that it is preferable for all residents' medications to come from a long-term care pharmacy whenever possible. Medications from a retail pharmacy that are packaged in bottles can cause confusion. There is a higher chance of medication errors by the staff or resident. Furthermore, there is no visual record of doses taken or controlled drug monitoring. It is much less of a burden on staff to have medications packaged by the pharmacy in compliance packaging. When using a long-term care pharmacy you can expect pharmacy services that are customized to the operations of adult family homes and assisted living facilities. Our number one concern is the safety of your residents.




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Personal Pharmacist

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Affiliate Business Partner Profile - Kindred House Calls Primary Care



House Calls Primary Care specializes in providing in-home primary care, including diagnostic testing and procedures. Some of the most common conditions we manage are:

- Alzheimer's disease
- Arthritis
- Balance Impairment
- Cardiac Conditions: Arrhythmias, CHF, Hypertension
- COPD
- Dementia
- Diabetes
- Flu and Other Infections
- Multiple Sclerosis
- Parkinson's disease
- Pneumonia
- UTIs

When it's difficult to get to your doctor's office, let us come to you.

At House Calls Primary Care, our medical practices are directed by board-certified physicians to provide compassionate primary care, specialty care and urgent care services for patients who cannot attend visits in a doctor's office. Our physicians, nurse practitioners, physician assistants and care team members come to your home so you can receive these services in a comfortable environment.

From dementia treatment to podiatric care, we understand your unique experiences and goals for your health, so we tailor your health management plan to your individual needs. Our providers are committed to delivering quality care with integrity and dignity. We understand and respect your voice and balance your medical conditions with your personal goals. At House Calls Primary Care we strive to keep you happy, healthy, independent and hospital-free.

House Calls Primary Care will coordinate and communicate with members of your healthcare team, including your other physicians, home health provider, DME and oxygen supplier. If you or someone you love needs care in the comfort of their own home, please call today to see if we might be right for you.

For more information, please call

509.220.3048
WA TDD/TTY# 800.833.6384



Kindred Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Español (Spanish) – ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-546-4831.

Tiếng Việt (Vietnamese) – CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-546-4831.

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More Webinars Coming Your Way!



AFH Council & The Legislative Process

Participants in the course will learn about the Washington State's legislative process and how it works. Legislative issues surrounding Adult Family Homes both past and current.

1.0 hours of CE are available for AFH Council Members who register and attend the webinar.

Follow the links below to register now.

November 28, 2017 - 10:00-11:00a - <https://attendee.gotowebinar.com/rt/5444965585994582530>

December 4, 2017 - 2:00-3:00p - <https://attendee.gotowebinar.com/rt/5444965585994582530>

December 8, 2017 - 10:00-11:30a - <https://attendee.gotowebinar.com/rt/5444965585994582530>

Kidde Recalls Fire Extinguishers That Don't Extinguish Fires



Kidde Recalls Fire Extinguishers That Don't Extinguish Fires

Kidde has just issued a product safety recall involving two of their disposable fire extinguishers:

- * Plastic handle fire extinguishers
- * Plastic push-button fire extinguishers

Kidde says it estimates that this recall affects nearly 37.8 million fire extinguishers in the United States, which can become clogged or require excessive force to discharge and can fail to activate during a fire emergency. In addition, the nozzle can detach with enough force to pose an impact hazard. For a summary of recalled fire extinguisher models, or to view return instructions, please visit the Kidde [website](#).

Thank you to [Mercury Pharmacy](#) & [WHCA](#) for bringing this to our attention.



Affiliate Business Partner Profile - Senior Activity Solutions



November 10th, 2017

Dear Adult Family Home Members;

Senior Activity Solutions is pleased to announce a **Therapeutic Recreational Activity and Music Enrichment program as medicine for seniors.**

Our program will help Adult Family Homes comply with; **WAC # 388-76-10335 (Resident Assessment topics), WAC #388-76-10340 (Preliminary Service Plan), WAC # 388-76-10400 (Care and Services), WAC #388-76-10510 (Basic Rights), WAC #388-76-10620 (Resident rights-Quality of life-General), WAC #388-76-10640 (Quality of life-Resident Participation, RCW 70.128.130 (Adult Family Home-Requirements #14)**

We understand it's not always easy to find the right activities your residents can do or will enjoy. Our therapy team has created programs specifically designed for seniors living in Adult Family Homes.

Our goal is to save you time, money and provide marketing tools that will help promote your business. We know you want the best for your residents and we want to help support your efforts in encouraging health, wellness and happiness.

Senior Activity Solutions therapeutic programs for Adult Family Homes are:

- Onsite Therapeutic Recreation Activities and Music Enrichment programs
- Self-Directed monthly Activity Calendar, Daily Activity Plans and Exercise Handbook
- Compliance review and Plan of Correction for the WAC's listed above
- Training and Consultation

Please feel free to call or visit our website if you have any questions. Our mobile program is currently in various areas of King and Snohomish county.

Our team is looking forward to being of service to you and your residents.

Yours truly,

Cheryl Saeger, President

Senior Activity Solutions

2020 Maltby Rd Ste 7-136 Bothell, WA. 98021

Office # 425-273-2259 www.SeniorActivitySolutions.com

Share Your Best Practices

Running a successful adult family home is an art form. You are the experts in your field and, as such, have a depth of knowledge and experience that could benefit the entire community. We would like to help you share your expertise with your fellow providers. What practices do you use that have helped you the most? Are you great at hiring, training and retaining staff? Have you been able to provide opportunities to your residents that greatly improve the quality of their lives? Are you obsessed with organization? Is your documentation admirable? We want to know what is working for you. This is an opportunity for you to share what you are passionate about. This is also a chance for your adult family home to be showcased and for all of us to gain unique insights from your experiences. If you would be willing and able to write a brief article describing your “best practice”, we would like to share it. We will be reviewing submissions and highlighting you and your article in future newsletters. Please submit your Best Practice articles to karen@adultfamilyhomecouncil.org. We look forward to hearing from you.



Are You A Speaker? Join the 2017-18 AFH Council’s Speaker Bureau!



The Adult Family Home Council is currently recruiting speakers for the 2017 – 2018 Speaker’s Bureau. We are looking for speakers who want to do 1 hour or 1.5 hours of Continuing Education for our providers at the monthly Chapter Meetings. If you are interested, please follow this [link](#) to fill out a form. If you have questions please contact Karen Cordero: karen@adultfamilyhomecouncil.org

Affiliate Business Partner Profile - Lincoln Pharmacy



Lincoln Pharmacy offers a personalized pharmacy experience that blends empathy with high quality health care, offering a variety of bilingual and multi-cultural support staff.

- Prescription labels offered in multiple languages
- Immunizations



Lincoln Pharmacy is a Retail and Long Term Care Pharmacy providing service for any individual, home or community. We put the need of patients first, and offer a level of support that goes well beyond the prescription.

- Single & Multi-Dose Packaging
- Medical Supplies & Equipment
- Specialty Compounding



Lincoln Pharmacy has state of the art technology to allow for faster service with the convenience of 6 day a week complimentary delivery.

- MAR, EMAR, and EHR options to enhance compliance and consistency.
- Consulting Nurse and Pharmacist Support
- Continuing Education Opportunities

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Adult Family Home Council

OF WASHINGTON STATE

Administrator Training Available

South Puget Sound College will be offering the AFH Administrator course on the dates below:

January 8 - February 28, 2018

Monday and Wednesday evenings 5:00 pm-8:30pm

March 19 - May 2, 2018

Monday and Wednesday evenings 5:00 pm-8:30pm

Lacey Campus

Jennifer Carter

Director for Professional Development & Consulting
South Puget Sound Community College
Corporate & Continuing Education
4220 6th AVE SE
Lacey, WA 98503
360-709-2005



Green River College will be offering the AFH Administrator course on the dates below:

January 13 - March 3, 2018

Saturdays 8:30am-4:00pm

Class is located at:



1221 D Street NE

Auburn, WA 98002

Questions? - (253) 833-9111 #2535

ce@greenriver.edu

Highline College will be offering 2 of the AFH Administrator course on the dates below:

January 16, 2018 - March 20 - 6:00p-9:00p MT

February 7, 2018 - March 14 - 6:00p - 9:00p
Wednesdays & Saturdays 8:00a - 3:00p

Class is located at Highline College, Building 99/Room 131 & 132

Highline College Outreach Building 99
23835 Pacific Hwy S.
Kent, WA 98032

Students can register online at ce.highline.edu or call 206-870-3785

Vicky L Montgomery



Program Assistant ~Continuing Education

vimontgomery@highline.edu

North Seattle College will be offering the AFH Administrator course on the dates below:

January 13 - February 4, 2018

February 24 - March 18, 2018

Saturdays and Sundays 9:00am-3:30pm

Class is located at:



9600 College Way North

Seattle, WA 98103

Questions? - (206) 934-3705

conted@seattlecolleges.edu

Administrator Training Available

Spokane Community College will be offering the AFH Administrator course on the dates below:

January 23 - February 8, 2018

Tues, Wed & Thurs, 9:00am-1:00pm

Registration opens November 27, 2017, please call 509-279-6030 to register.

Class is located at:



1810 N Greene Street
Spokane, WA 99217

Questions? - (509) 279-6030

Do you participate in your local chapter meetings?
Your membership offers local education and networking

- Central Washington Chapter
- Clark County Chapter
- Eastside (Bellevue) Chapter
- Fourth Corner AFH Chapter
- Kitsap County Chapter
- Olympia/Peninsula Chapter
- North Central Chapter
- Pierce County Chapter
- Sno-King Chapter
- So East Chapter - Tri-Cities
- South King County Chapter
- Spokane Regional Chapter



Do you participate in your local chapter meetings?
Your membership offers local education and networking

What does the Council do for me?

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Phone-253-213-5177
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Kristinaspark@comcast.net

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Adult Family Home Council

OF WASHINGTON STATE

Spokane Community College In Search of Instructor



Spokane Community College

SCC

ADULT FAMILY HOME ADMINISTRATOR TRAINING COURSE INSTRUCTOR NEEDED

The Center for Workforce & Continuing Education at the Community Colleges of Spokane is seeking to develop a pool of qualified individuals for Adjunct (part-time) Instructors in Spokane, WA, and/or surrounding regions for the Adult Family Home Administrator training course. See qualification information below. Classes may be taught in the morning, afternoon, evening, and/or weekends.

REQUIRED COMPETENCIES (Minimum Qualifications):

- Minimum qualifications:
 - Must be a current Adult Family Home owner in good standing.
 - Prior teaching experience.
- Model professional decorum and mutual respect in all personal interactions.
- Acceptance of the responsibility to promote the welfare and best interests of students at all times.
- The ability to perform assigned duties in a manner consistent with applicable laws, regulations, and goals of the institution, community and technical college system.
- A demonstrated understanding and value for the contributions that a diverse workforce can contribute to the success of the organization and the students we serve.

TERMS OF EMPLOYMENT:

- For adjunct instructors, compensation will be on a contract basis and pro-rated according to the amount of workload assigned. CCS reserves the right to cancel this recruitment without notice. Academic employees are represented by the Association of Higher Education (AHE), which is affiliated with NEA and WEA. Membership is optional.

CONDITIONS FOR EMPLOYMENT:

- Person hired must be able to provide acceptable documentation of U.S. Citizenship or lawful authorization to work in the U.S. This is an absolute condition of employment. In addition, CCS maintains a drug free work and learning environment and prohibits smoking in all college buildings and state-owned vehicles. CCS employees must be able to successfully work in and promote a multicultural and diverse work and educational environment. Requires criminal background check. If using personal vehicle for travel, proof of driver's license and car insurance required.

RATE OF PAY

- \$30.44 per hour with negotiable additional hours for professional development paid at \$26.88 per hour.

**Contact Sandy at 509-533-8057 or email
sandy.saperstein@ccs.spokane.edu for application and
instructions.**

Community Colleges of Spokane does not discriminate on the basis of race, color, national origin, sex, disability, sexual orientation or age in its programs, activities or employment. 13-0693 S



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Adult Family Home Council Members Marketplace Page
Place an ad on this page in our next issue



**AFH For Sale
in Chehalis Area**



AFH for Sale in Chehalis area is ready for new ownership! One level home very well maintained, ownership pride, 5 bedrooms, plus a suite master bedroom and office, large back yard with nice seasonal views of trees, 2 spacious decks for residents to enjoy summer days, two car garage and room for more parking. This home is sits on 1.17 acres, beautiful flat lot, set back for privacy. New heat pump, furnace, 2 new water heaters, new siding just put on. The business is licensed for 6 residents and is income producing at full capacity. Offered at \$394,000 with the business included. Who do you know that is looking to open an AFH in Chehalis area? Call Cristina Leta for a tour: (360) 513-9667

**Unique AFH Opportunity
in Bellevue, WA**

Position available for part time / full time, (could be live-in) position in an adult family home in Bellevue, working with DD residents. Please call or text Brenda @ 206-383-9307

**Premium Private Pay AFH For Sale
in Vancouver, WA**

Very profitable AFH in Vancouver, WA on 4.7 acres in premier area. Ability to develop into more AFH's or Boarding Home. AFH has 4774 sq. ft. with 6 bedrooms, 8 bathrooms, one with roll in shower. Beautiful home with very large private rooms, high ceilings, wide hallways and extra wide doorways, 2016 gross annual income of \$527,839. AFH has excellent reputation.

Home price: \$650,000
AFH business: \$170,000
Land: \$700,000

Streamlined and ready for new owner. Includes all furnishings, electronics, equipment, & everything needed for business. Fully online for all resident documentation. Only qualified buyers with qualifications for ownership please. Contact: afhowner@icloud.com

**AFH For Sale
in Tokeland, WA**



2591 Tokeland Rd, Tokeland 98590
List Price: \$479,900
Active Adult Family home located in Tokeland. Dolphin Cove Adult Home licensed for 6 client residents has been in business for 10yrs. Home & business sold together. Owner will assist in transition for new owners. 6 beds, 2.5 baths, large 2-car garage w/workshop. Newer roof, outside paint, vinyl windows & doors. Inside new vinyl floors, new carpet upstairs, new paint. 2 bdrms & bonus rm located upstairs for owner. Handicap accessible, outside decks. Quiet peaceful location. Deeded access to bay. Presented by: Sandra Shea, Washington Coast Real Estate, (360) 268-0977 - sandrashea@techline.com

**AFH For Sale
in Vancouver Padden Pkwy Area**



AFH business opportunity in Vancouver, Padden Parkway area. This home is RN own, licensed for 5 residents, updated recently and sits on a 0.3 acre lot in a quiet cul-de-sac. Built in 1993 this 2,225 sq ft home has a cozy feel to it and it consists of 5 bedrooms and master suite with sliding door to a private back yard area, 3 full bathrooms, new engineered wood floors, granite kitchen counters, new doors and newer roof. New addition finished in 2015. Call Cristina Leta for a tour: (360) 513-9667

Your Adult Family Home Council Team

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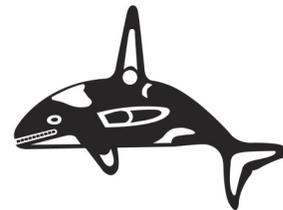
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SAVE THE DATE!

2018 Annual Conference!

SEPTEMBER 27 & 28, 2018

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Code of Ethics for Adult Family Home Providers

This Code of Ethics for Adult Family Home Providers has been developed as a guide for carrying out provider responsibilities in a manner consistent with professional values and moral standards which define the essentials of honorable behavior for the Adult Family Home Provider.

As Adult Family Home Providers we want the public to acknowledge us as professionals. Part of this process is to develop a system of ethical codes of conduct and standards of practice that incorporate our principles and values regarding quality care. Through their Associations and working with fellow members:

- An Adult Family Home Provider recognizes and respects the dignity of residents without consideration for race, religion, gender, sexual orientation, social or economic status.
- An Adult Family Home Provider, while honoring the residents' rights to self determination, will promote and protect the rights of all their residents.
- An Adult Family Home Provider is responsible and accountable for their individual practice and determining how they deliver optimum care to their residents.
- An Adult Family Home Provider acknowledges the responsibility to protect their own integrity, maintain competence in their field, and continue their personal and professional growth.
- An Adult Family Home Providers will promote their profession with continued education and political action in shaping the WACs and rules that govern their profession.