

February 2019

The Washington Voice

An E-Newsletter From



Adult Family Home Council

OF WASHINGTON STATE

Who We Are

Advocates for compassionate, individualized care. Serving adult family homes for more than 20 years!

Our Mission

To improve the lives and well-being of vulnerable adults through support of adult family homes.

In This Issue

Letter from John	p. 1
Lobby Day 2019	p. 2
Update on the 2019 Legislative Session	p. 3
Newsletters & Helpful Sources	p. 4
Upcoming Events/Trainings	p. 5
Resident Admissions	p. 6-7
Dear Provider Letters	p. 9
Upcoming Webinars	p. 10
Are You Up-To-Date with Your Chapter?	p. 11
Buy-Sell-Trade	p. 12

Hello Adult Family Homes of Washington,

I want to thank you for taking the time to read this newsletter and learn more about the work we are doing here at the AFH Council.

Recently, I was on the phone with an adult family home provider who was in need of assistance. She was not a member of the AFH Council. She knew who we were, had seen our newsletters, course offerings and understood how our advocacy has increased rates. I explained that I would not be able to assist her because my job is funded by members who pay dues to the AFH Council. She understood and set up membership right away. I thanked her and helped with her issue. She explained to me the many lengths she had gone to seeking guidance. I was able to help bring the situation to a positive outcome.

So after we completed that work, I asked her why she had not been a member of the AFH Council before. If she understood the work we were doing and the positive impact it was having on her business, why not participate? She told me (like so many small business owners and caregivers) she was busy. She would see emails, social media posts and think, "I should do that, I should get my membership set up." I thanked her for being willing to share with me.

I know there are many providers who likely fall into that category. Many AFH providers may have no idea what we do here at the AFH Council. We will continue to communicate through these letters, our chapters, conferences, webinars, events, emails and phone calls with as many members as possible. We try every month to discuss the efforts we take to provide all the adult family homes in our state with excellent advocacy, education, support and marketing. We hope you will share with your fellow providers the value you find in our efforts and encourage those who have not yet engaged to learn more. We hope that every member feels they get more out of the AFH Council than what they are asked to put in. We are eager to earn the membership of every adult family home in our state.

Henry Ford was quoted as saying, "Coming together is the beginning. Keeping together is progress. Working together is success." I believe this 100 percent. Again, I thank you for taking the time.

All the best,



John Ficker
Executive Director

Lobby Day 2019

Thank you to all who came out and supported AFHs!



AFH Council with our prime sponsor, ReadyMeds Pharmacy



Members with Senator Hasegawa during their scheduled meeting for the 11th legislative district



Members with Representative Mead during their scheduled meeting for the 44th legislative district



WA State Senior Lobby President Walt Bowen addressing members



Representative Nicole Macri, prime sponsor of House Bill 1023 expressing her support to members



AFH Council Executive Director John Ficker preparing members with talking points for the agenda



Senator Barbara Bailey, co-chair of the Joint Legislative Executive Committee on Aging and Disability, long-time champion for AFHs expressing her support to the group



To see more photos and to watch the Public Hearing on House Bill 1023 visit our website: [HERE](#)

Update on the 2019 Legislative Session

Capacity



8 Bed Increase House Bill 1023

- For qualified homes with appropriate space and experience, an AFH would be allowed to increase to a 7 or 8 bed capacity.

Update

Passed out of the House of Representatives unanimously and on its way to the Senate. See House Floor Debate: [HERE](#)

Action You Can Take

Follow the bill link to comment and thank your legislators for passing this bill and encourage the Senate Health & Long-Term Care Committee Members to pass this legislation: [HERE](#)

Senate Bill 5396

Update

We are currently asking the Senate Health Care Committee to schedule it for executive session to move the bill forward. See committee hearing: [HERE](#)

Action You Can Take

Follow the Bill link to comment a similar message: "Please encourage Senator Cleveland to schedule this bill for executive session to move the bill forward."

Workforce Development



Funding for the Adult Family Home Contract

- The collectively bargained contract increases Medicaid rates in an effort to catch up with rising minimum wage and benefit standards.

AFH Training Network House Bill 1675

- Adult family homes need a system for training and developing staff.
- Use the designated training benefit to build a statewide AFH network to improve workforce development and quality training.

Update

We are working to get this bill scheduled for a hearing in the House Health Care and Wellness Committee

Action You Can Take

Follow the Bill link to comment a similar message: "Please encourage Representative Cody to schedule this bill for hearing."

Senate Bill 5728

Update

Feb. 20 Scheduled for public hearing in the Senate Committee on Health & Long Term Care at 1:30 PM (subject to change).

Action You Can Take

Follow the Bill link to comment a similar message: "Please encourage Senator Cleveland and committee members to pass this bill."

Financing



Long Term Care Trust Act (LTCTA) House Bill 1087

- Most individuals seeking long term care do not have the resources to fund their needed services. This results in families spending down to Medicaid eligibility (poverty) and increasing state spending. The LTCTA would create a benefit, funded through a payroll premium, providing access to funds to support their LTC needs.

Update

Feb. 13 Executive action taken in the House Committee on Appropriations at 3:30 PM

Senate Bill 5331

Update

Feb. 13 Scheduled for public hearing in the Senate Committee on Ways & Means at 3:30 PM (subject to change).

Senate Bill 5672

- Concerning adult family homes specialty services

Update

Feb. 20 Scheduled for public hearing in the Senate Committee on Health & Long Term Care at 1:30 PM (subject to change).

Action You Can Take

Follow the Bill link to comment in support of this bill

Senate Bill 5038

- Limiting the placement of institutionalized persons with a history of criminal justice involvement in adult family homes

Action You Can Take

Follow the Bill link to comment in opposition of this bill

Newsletters & Helpful Sources

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Dreamworks Printing Solutions is a state of the art digital copy and print center located in the IKEA Shopping District in Renton, Washington. From on-the-glass, digital copies, and digital high-speed printing, Dreamworks Printing Solutions is your complete one-stop solution.

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National Council on Aging



NCOA Week

3 scams targeting seniors in 2019

Older adults lose billions to scams each year. We have tips for how to spot and avoid three scams making the rounds right now. Pass on this important information, so seniors you work with are prepared!

Share this



Sign up for newsletters:

[HERE](#)

View NCO News:

[HERE](#)

Social Security Matters



Social Security Benefits Increase in 2019

01/03/2019 01:25 PM EST

Each year we announce the annual cost-of-living adjustment (COLA). Usually, there is an increase in the Social Security and Supplemental Security Income (SSI) benefit amount people receive each month, starting the following January. Law requires that federal benefit rates increase ... [Continue reading →](#)

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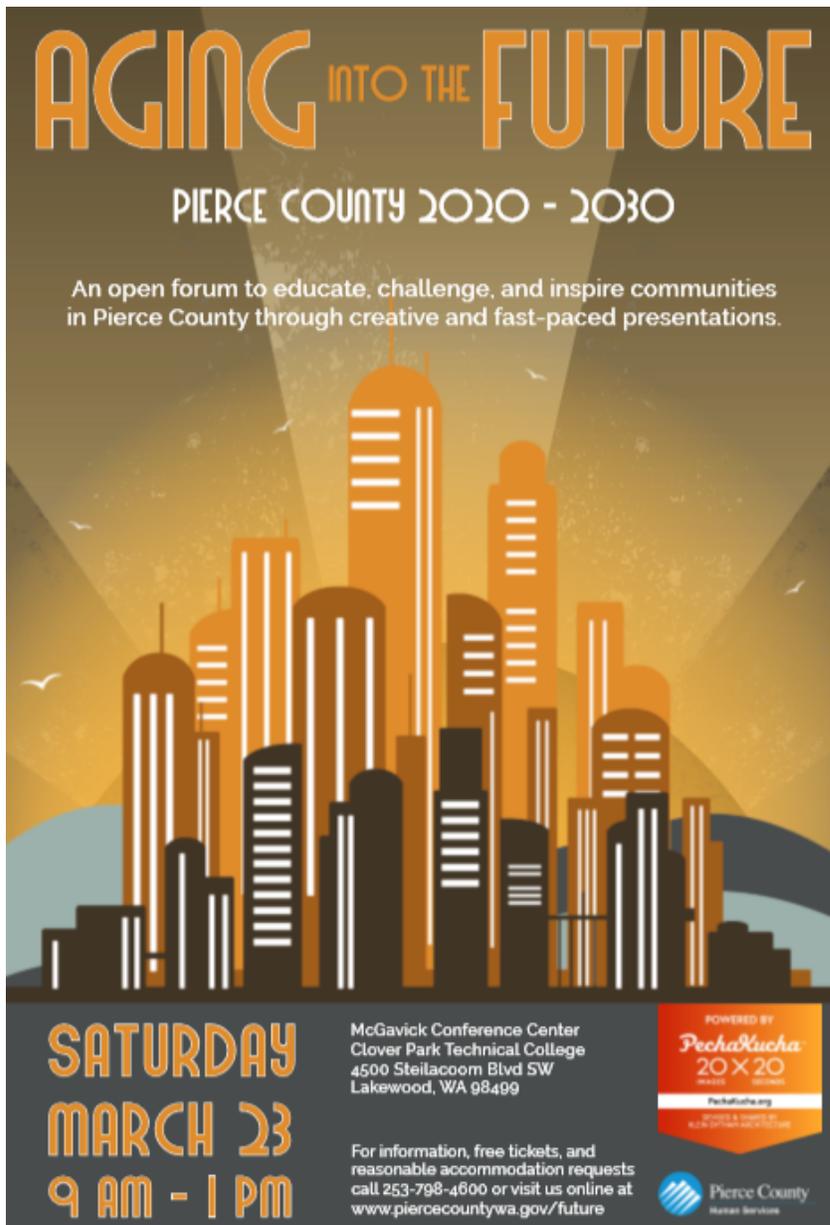
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Upcoming Events/Trainings

Aging in the Future: Pierce County 2020-2030

This event will inform, challenge and inspire the audience to look toward how we can prepare Pierce County (government, businesses, non-profits, faith communities, etc.) for a future when a many more of our residents will be older adults and a growing percentage of people will be living with disabilities at home. We will use the PechaKucha format of fast-paced presentations followed by instantaneous electronic audience polling that will help us craft a vision. If you haven't seen a PechaKucha you're in for a treat!



AGING INTO THE FUTURE
PIERCE COUNTY 2020 - 2030

An open forum to educate, challenge, and inspire communities in Pierce County through creative and fast-paced presentations.

**SATURDAY
MARCH 23
9 AM - 1 PM**

McGavick Conference Center
Clover Park Technical College
4500 Steilacoom Blvd SW
Lakewood, WA 98499

POWERED BY
PechaKucha
20x20
PRESENTATIONS

For information, free tickets, and reasonable accommodation requests call 253-798-4600 or visit us online at www.piercecountywa.gov/future

Pierce County
Human Services

The Residential Guide to Challenging Behaviors

Come and learn tips to working with Residents with Challenging Behaviors in this three (3) hour training.

Tuesday March 5th, 2019

11 am - 2 pm

Mid-Columbia Libraries - Kennewick Branch
1620 S. Union St.
Kennewick, WA 99338

Open to all care giving staff.
You are welcome to bring a brown bag lunch.

Registration is required. Space is Limited

All attendees will receive three (3) free CEUs upon completion of the training.

To register contact via Email:

Amy Tabino, M.S.
HCS Behavior Support Trainer
tabinal@dshs.wa.gov
509-658-3875

Therapeutic Options

Do you provide care and support for individuals with complex behaviors who may pose a danger to themselves or others? Come learn techniques to promote an aggression-free environment and build de-escalation and crisis intervention skills.



Date: Friday March 8th, 2019
Time: 9:00 am to 3:00 pm (break for lunch on your own!)
Location: Spokane HCS Office - 1330 N. Washington Suite 3000 - Rock Pointe III Building

Available for HCS/RCS/AAA Staff
& Licensed Residential Care Providers

Attendees will receive five (5) CEUs upon completion of the training.
Cost is Free.

Registration is required. Class Size Limited

Register via email to tabinal@dshs.wa.gov

Questions? Contact Amy Tabino, M.S., HCS Behavior Support Trainer (509) 568-3875

Resident Admissions

By: Amy Pond, Clinical Pharmacist at Ready Meds Pharmacy

The process of receiving new residents into your adult family home can be exciting and stressful at the same time. A little thought and organization can go a long way towards a successful move-in for all parties involved. Before accepting any resident, it is essential to make sure that they will be a good fit for your home. This can be accomplished by carefully reading the assessment and interviewing the resident and family members.

The admissions system described here comes from Tamra Stimach, owner of the Arbor Rose Adult Family Homes. In addition to being an adult family home provider, Tamra is a community instructor for the Adult Family Home Administration Course at South Puget Sound Community College. She is also a community instructor for dementia and mental health.

When receiving a new client, it is important to have a meeting with the power of attorney (POA) or responsible party. This is the person who can sign documents on behalf of the resident.

At this meeting, have a contract for service and all of your AFH policies signed. The following items should be signed: Medicaid Policy, Medication Consent Form, Door Lock Policy, Medical Devices Used, Marijuana Policy, Disclosure of Services, Medication Disposal Policy, Abuse Policy, Nurse Delegation Consent, Pharmacy Intake Form, Medical Supply Form, Home Physician Services Application, original POLST (Provider Orders for Life-Sustaining Treatment) Form, copies of medical insurance cards, copies of POA and/or advance directives, and a copy of picture identification.

Start a chart for the resident with all of this information included. This information needs to be available for any inspection. Besides the resident chart, it may be helpful to keep a delegation chart and a medication binder for each resident. Make a contact file which contains a copy of a voided check from the family/financial guarantor. This will give you the necessary bank account information. You can call the bank to make sure funds are in the account before cashing their check. Have a check off list so you have all of the forms signed and dated properly. Your chart won't have anything missing when an inspection happens.

Fax the medical supplies form to the medical supply company and fax a new client intake form to the pharmacy. If you are using Ready Meds Pharmacy, a client intake form may be downloaded from the website www.readymedspharmacy.com. Faxing the intake form to the pharmacy as soon as possible will help facilitate having medications available for your client upon admission. Speak to a member of the pharmacy's intake team to make sure they have received all of the necessary information. In most cases, your pharmacy will require the intake form, recent Medication Administration Record (MAR) and/or a current medication list, and insurance information. This information may be faxed to your pharmacy.

-continued on page 7

Resident Admissions

By: Amy Pond, Clinical Pharmacist at Ready Meds Pharmacy

-continued from page 6

Get a personal belongings form, medication basket, bathroom basket, and daily quick chart form ready for the resident before move-in. Set up nurse delegation if needed. You will know if this is needed at the time of assessment. Set up an admission date and have the family move belongings in before the actual move-in day.

Start the Negotiated Care Plan (NCP) referring to WAC 388-76-10355 through 388-76-10385. The NCP needs to be developed within 30 days of admission based on the Assessment (WAC 388-76-10330) and Preliminary Service Plan (WAC 388-76-10340). The NCP is developed with input from the resident and/or the resident's representative/surrogate decision maker, appropriate professionals, and the case manager if applicable. Any meetings with the family are beneficial and help you take care of your resident. Getting to know the family, knowing their expectations, and learning more about the resident will help with the resident's transition into the home. In the second week, ask the family to go over the negotiated care plan. Print a copy for the family and have the signature page signed. If the resident has Medicaid, fax a copy to the case manager and keep the fax confirmation sheet.

Having a system in place with forms already set up and readily available will help make your new resident intake less stressful. Now you can focus on making your new resident feel comfortable in their new home. Transition can take a few weeks to get to know the resident and how they adjust in your adult family home.

For more information on resident admissions, please consult with an Adult Family Home Consultant in your area. Also the Adult Family Home council has many forms in their form library to help you if you are a member. You can contact their office at (360) 754-3329.



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Job Posting: Clark County DSHS Adult Family Home Administrator Instructor

Description

Clark College Economic and Community Development is seeking a DSHS Adult Family Home Administrator instructor. This position is responsible for upholding the state curriculum, education and training of our students. Schedule, hours and dates will vary, and will be established based upon assignment. Schedule may include day or evening shifts, weekdays or weekends. Teaching assignments may include lecture presentations, grading quizzes, homework and exams as well as coordinating guest speakers. Position rate is \$70/hour for instructional class time and \$23/hour for development time. Currently this 54 hour course is taught every other month 6 sessions at a time.

Clark College is an equal opportunity employer. Protected group members are strongly encouraged to apply. Clark College does not discriminate on the basis of race, color, national origin, age perceived or actual physical or mental disability, pregnancy, genetic information, sex, sexual orientation, gender identity, marital status, creed, religion, honorably discharged veteran or military status, or use of a trained guide dog or service animal. The college considers equal opportunity, affirmative action, and non-discrimination to be fundamental to the mission, goals, and objectives of the college. All faculty and staff hired at Clark College are encouraged to embrace, continually support and enhance diversity and equity on our campus and in our community. Questions regarding the College's Affirmative Action Policy may be directed to the Director of Human Resources, (360) 992-2105.

Qualifications:

- Education: Minimum is high school diploma but prefer a bachelor's degree.
- Experience: Current license in good standing as an adult family home provider. A minimum of five years of experience as an adult family home owner/manager. Experience teaching adults.
- Skills, Knowledge and Abilities: Demonstrable business competency and current adult family home administrator skills. Strong oral/presentation, written communication skills and basic computer skills. Ability to work with diverse groups of people: residents, families, community members, other staff and volunteers.

Position Duties and Responsibilities:

- Responsible for presenting the DSHS materials and curriculum and staying apprised of any changes to the DSHS program.
- Representing the DSHS department's viewpoint on AFH policies and procedures.
- Develop and maintain effective working relationships with students, staff and guest speakers.
- Provide for the orderly conduct of program learning activities, individual student learning needs, and the appropriate evaluation of student progress towards attaining the learning objectives.
- Work effectively with students from academically, culturally and economically diverse backgrounds.
- Plan, conduct, monitor and track training to meet the state training requirements.
- Handle the administrative procedures, including tracking student attendance, test results and student outcomes.
- Attend meetings outside of class time as needed.
- Support the college's mission in service to the community, and guide individuals to achieve their educational and professional goals.
- Be an advocate of the Clark College Economic and Community Development program in local healthcare circles.
- Perform other duties as assigned.

Application Process:

- Clark College Application
- Current résumé
- Current cover letter

Please send required application materials to lhart@clark.edu

APPLICATION DEADLINE: Open Until Filled.

Dear Provider Letters

**AL TSA: AFH #2019-002 PROPOSED AMENDMENTS TO CHAPTER 388-76 WAC:
[HERE](#)**

**AL TSA: AFH #2019-003 CR-101 FILED TO PROPOSE AMENDMENTS TO
CHAPTER 388-76 WAC (AFH MINIMUM LICENSING REQUIREMENTS):
[HERE](#)**

RCS has filed several CR-101 to change some parts of the 388-76 section of WAC. The AFH Council is monitoring the proposed changes and will provide more explanation as the rule-changing process advances.

RCS is considering changes in the following sections:

- License
- License Application
- Qualifications of Individuals Providing Care and Services

And

- Clarifying requirements around the notice of rights and services
- Clarifying the resident is not required to sign the Disclosure of Charges form provided by the department;
- Clarifies transfer and discharge requirements and separates 388-76-10615 into two regulations
- Clarifying regulation of video monitoring equipment
- Clarifying language around safe storage of dangerous products; and
- Condense emergency evacuation WACs and clarify location of bedrooms for residents who need assistance.

Please see this link for more details about the proposed changes:

[HERE](#)

Upcoming Webinars



Webinar: 2019 Legislative Session

February 22, 2019
2:30-3:30 PM

Presented by John Ficker, Adult Family Home Council Executive Director
&

Maria Chiechi, Director of Legislative Affairs

Join us for an update of the 2019 Legislative Session!

The discussion will include:

- A brief overview of the legislative process
- Update on the legislative agenda pertinent to the adult family home and long-term care industries in Washington State

1.0 hours of CE are available for AFH Council Members who register and attend the webinar.

Register: [HERE](#)

Stay up-to-date with all of our events by going to our website!

[HERE](#)

Webinar: Understanding and Comparing Powers of Attorney and Guardianship

February 21, 2019
10:30-11:30 AM

Presented by Katrina B. Durkin, Attorney at Law with Brothers & Henderson in Seattle

Join us for an update of the 2019 Legislative Session!

The presentation will include:

What is a Power of Attorney?

- Basics
 - Definitions
 - Effectiveness
 - Durable
 - Financial
 - Health Care
 - Revocation
- Requirements - What to look out for
- Decision-making
- Advanced Medical Directives ("living will")
 - Compare to POLST
- Duties of Attorney-in-fact

Guardianship

What is Guardianship?

- Basics
 - Definitions
 - Incapacity
 - Full v. Limited
 - Person & Estate
 - Establishment Process Overview
 - Continuing Requirements Overview
- Decision-making
- Duties of Guardian
- Limitations & What to watch out for

1.0 hours of CE are available for AFH Council Members who register and attend the webinar

Register: [HERE](#)

Are You Up-To-Date with Your Chapter?

Click on your chapter to view upcoming chapter meetings and events!



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[Click here to view all chapter meeting dates!](#)

 **Buy - Sell - Trade** 

Adult Family Home Council Members Marketplace Page

Place an ad on this page in the next issue!

Profitable Private Pay AFH in
Vancouver, WA



Turn-key ready adult family home nestled in quiet well-established neighborhood located within minutes from Peace Health Hospital and The Vancouver Medical Clinic. Beautifully remodeled 1900 sq. ft. home offers 5 bedrooms, 2.5 baths, large spacious great room with abundant natural light overlooking 0.34 acres of park-like landscaping with raised garden beds. Home is licensed for 5 residents and will be sold completely furnished including all appliances. New roof installed August 2017. Vinyl siding state of the art windows. Asking: \$419,000 for Home \$185,000 for business Call 360-600-0887 for more information and pictures. Please, qualified buyers only.

AFH For Sale Tokeland, WA



2591 Tokeland Rd, Tokeland 98590
List Price: \$399,900 Active Adult Family home located in Tokeland.

Dolphin Cove Adult Home licensed for 6 client residents has been in business for 10yrs. Home & business sold together. Owner will assist in transition for new owners.

6 beds, 2.5 baths, large 2-car garage w/ workshop. Newer roof, outside paint, vinyl windows & doors. Inside new vinyl floors, new carpet upstairs, new paint. 2 bdrms & bonus rm located upstairs for owner. Handicap accessible, outside decks. Quiet peaceful location. Deeded access to bay. Presented by: Sandra Shea, Washington Coast Real Estate, 360-268-0977 sandrashea@techline.com

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Code of Ethics for Adult Family Home Providers

This Code of Ethics for Adult Family Home Providers has been developed as a guide for carrying out provider responsibilities in a manner consistent with professional values and more standards which define the essentials of honorable behavior for the Adult Family Home Provider.

As Adult Family Home Providers, we want the public to acknowledge us as professionals. Part of this process is to develop a system of ethical codes of conduct and standards of practice that incorporate our principles and values regarding quality care. Through their Associations and working with fellow members:

- An Adult Home Provider recognizes and respects the dignity of residents without consideration for race, religion, gender, sexual orientation, social or economic status.
- An Adult Family Home Provider, while honoring the residents' rights to self determination, will promote and protect the rights of all their residents.
- An Adult Family Home Provider is responsible and accountable for their individual practice and determining how they deliver optimum care to their residents.
- An Adult Family Home Provider acknowledges the responsibility to protect their own integrity, maintain competence in their field, and continue their personal and professional growth.
- An Adult Family Home Provider will promote their profession with continued education and political action in shaping the WACs and rules that govern their profession

523 Pear Street SE, Olympia, WA 98501

Toll Free - 1-888-439-8999

Fax - 360-943-6653

www.adultfamilyhomecouncil.org