

March 2019

The Washington Voice

An E-Newsletter From



Adult Family Home Council

OF WASHINGTON STATE

Who We Are

Advocates for compassionate, individualized care. Serving adult family homes for more than 20 years!

Our Mission

To improve the lives and well-being of vulnerable adults through support of adult family homes.

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Hello Adult Family Homes of Washington,

We are halfway through the legislative session and the AFH Council's agenda is on track. As we continue to work the process, we are excited to see our 8-bed bill, specialty services bill and funding for rate increases continue to move through this legislative session. We anticipate this being a productive session for adult family home providers and our state's nationally recognized long-term care system. Please stay tuned for webinars, emails and social media shares to keep up-to-date about what is happening and how you can make your voice heard.

The AFH Council is also preparing for our upcoming spring conferences. Information about dates, locations and registration is available in this newsletter. I always enjoy getting out of the office and traveling around the state for opportunities to meet and connect with our members. I often say that the Council is a "Member Driven" organization. By this, I mean, the education, advocacy and support we provide is based on what input and direction our members bring forward. Currently, we are hosting webinars led by an attorney on understanding business structure options. This is because a member asked for it. We are working with L&I and OSHA to develop workplace safety manuals specific to our setting because a member asked for support. I hope you can join us at one of the spring conferences scheduled so we can connect on issues that matter to you.

The AFH Council is also actively working to improve our marketing efforts on behalf of our members. Connecting you with your next resident is important to us. We have engaged with AIDA, a software company that has built a new tool for connecting discharge planners, hospitals and other referral sources to adult family homes. AIDA is working to integrate their software into the AFH Council website. This will allow the general public to come to our site, find information about what an adult family home is, what questions to consider when looking for a home, view customize pictures/descriptions and locate vacant beds through a custom built communications system. With the support of AIDA we will widen our reach, help members avoid costly placement fees and minimize the back and forth of phone calls with referral sources. We are on schedule to launch this new technology this spring. Stay tuned for opportunities to learn how you can make sure your home is engaged in this exciting opportunity.

As always if there are questions or concerns, do not hesitate to contact us.

All the best,



John Ficker
Executive Director

Update on the 2019 Legislative Session

Capacity



8 Bed Increase Substitute House Bill 1023

- For qualified homes with appropriate space and experience, an AFH would be allowed to increase to a 7 or 8 bed capacity.

Update

Currently scheduled to be heard in Senate Health & Long-Term Care committee on Friday, March 15, 2019 at 8:00 AM

Senate Bill 5672

- Supports consumers in finding the right care. Recognizes and supports homes who are exclusively serving people living with Dementia. Differentiates homes exclusively serving individuals with developmental or intellectual disabilities.

Update

Currently scheduled to be heard in House Health Care & Wellness committee on Tuesday, March 19, 2019 at 1:30 PM

Workforce Development



Funding for the Adult Family Home Contract

- The collectively bargained contract increases Medicaid rates in an effort to catch up with rising minimum wage and benefit standards.

Update

Following the budget to make sure this contract gets funded.

AFH Training Network House Bill 1675 & Senate Bill 5728

- Adult family homes need a system for training and developing staff.
- Use the designated training benefit to build a statewide AFH network to improve workforce development and quality training.

Update

These bills did not make it through the first cutoff, so for now they will no longer be considered this legislative session.

Financing



Long Term Care Trust Act (LTCTA) House Bill 1087

- Most individuals seeking long term care do not have the resources to fund their needed services. This results in families spending down to Medicaid eligibility (poverty) and increasing state spending. The LTCTA would create a benefit, funded through a payroll premium, providing access to funds to support their LTC needs.

Update

This bill has made it through the House of Representatives and is now scheduled to be heard in the Senate Health & Long-Term Committee on Friday, March 15, 2019 at 8:00 AM

Save the Date!



AFH Council 2019 Spring Conference Dates

- | | |
|---------|-------------------|
| May 8 | Ellensburg |
| May 14 | Lakewood |
| May 16 | Bellingham |
| May 22 | Mountlake Terrace |
| May 29 | Tukwila |
| June 5 | Vancouver |
| June 18 | Spokane |



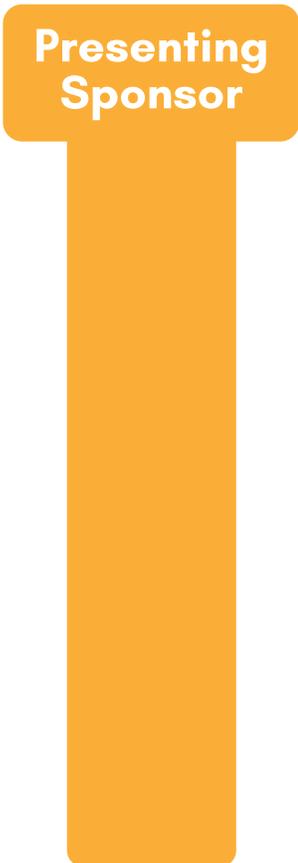
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Your table at a
conference date



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Resident Outings: Best Practices

By Amy Pond, Clinical Pharmacist at Ready Meds Pharmacy

Several months ago, I read a news story entitled “2 Elderly Men Sneak Out of Nursing Home to Attend Heavy Metal Festival.” Thankfully, the two men were found in the middle of the night unharmed. An event that was probably a fun-filled experience for the two men was without a doubt a stressful experience for the care staff involved.

According to WAC 388-76-10620 (2a,b,c) (Resident Rights - Quality of Life - General), residents have the right to choose activities, schedules, and health care consistent with his or her interests, assessments, and negotiated care plan; interact with members of the community both inside and outside the home; and make choices about aspects of his or her life in the home that are significant to the resident. WAC 388-76-10640 (Quality of Life - Resident Participation) states “The adult family home must ensure each resident’s right to join in social, religious, and community activities that do not interfere with the rights of other residents in the home.”

WAC 388-76-10510 (5) (Resident Rights - Basic Rights) states “The adult family home must ensure that each resident is provided the opportunity to engage in religious, political, civic, recreational, and other social activities of their choice.” If an activity is safe for the resident as documented on their assessment and care plan, then he/she has the right to engage in that activity. The assessment is the starting point for safe resident outings. WAC 388-76-10335 (13) (Resident Assessment Topics) states that the resident’s assessment includes minimum information about their activities. Use the resident assessment and preliminary care plan to document the daily activities on the negotiated care plan per WAC 388-76-10335.

An example would be “Resident takes a daily walk around the block after breakfast every morning.” Some licensors will want to see special outings and activities documented with information such as who will arrange and/or provide transportation to and from the event and if the resident will be accompanied by someone or going alone. Always include how medications will be managed while the resident is away from the home. As part of the Community Integration Program, caregivers may be reimbursed for time and mileage in helping with planning an outing for DSHS residents. Some insurance companies may require that residents sign in and out when leaving from and returning to the adult family home. This may be a good practice in any case because the caregiver can keep track of the whereabouts of each resident. . Make a note of the clothing that the resident is wearing when they leave the house. In case a missing person’s report must be made, the authorities will need this information. Don’t forget to report to the hotline also. *See Appendix A from the Adult Family Home Handbook. Some of your residents may be likely to wander away from the home, especially if they have cognitive problems such as autism spectrum disorder, Down syndrome, or dementia. Make sure that neighbors are familiar with these residents. . Give neighbors your contact information in case they spot on of your residents wandering alone. You may also want your residents to wear an identification bracelet, especially if they are likely to try to wander away from the home. Be able to show the licensor what systems you have put in place to intervene or prevent residents from wandering.

-continued on page 6

Resident Outings: Best Practices

By Amy Pond, Clinical Pharmacist at Ready Meds Pharmacy
-continued from page 5

Appendix A: REPORTING CHART

REPORTING KEY:

DSHS Hotline 1-800-562-6078	Police/9-1-1	WA State Dept. of Health	Local Fire Authority	Coroner / Medical Examiner	Local Health Department	Adult Protective Services
						

TYPE	REPORT TO		
Staff –to-Resident <ul style="list-style-type: none"> Abuse – Sexual, Physical, Assault with bodily harm Neglect / Mistreatment / Negligent treatment Financial Exploitation / Misappropriation of Resident Property <i>*DOH when allegation involves licensed, certified or registered health care workers</i>			
Non-Staff to Resident <ul style="list-style-type: none"> Abuse/Assault, Neglect Misappropriation / Exploitation <i>*The call to the DSHS hotline will meet the requirement for reporting to APS, but you may still want to contact your local APS office.</i>			
Injuries of Unknown Source Substantial injury (not stemming from an incident of abuse or neglect; origin unknown)			
Resident-to-Resident <ul style="list-style-type: none"> Physical abuse <u>with</u> bodily harm or psychological harm Mental abuse <u>with</u> psychological harm Sexual abuse/assault Misappropriation/Financial Exploitation <i>Repeated physical abuse without bodily or psychological harm may become abuse or neglect if measures are not taken to more effectively address the resident's need for care & services.</i>			
Unexpected Resident Death <ul style="list-style-type: none"> Possibly related to abuse or neglect Suicide Not related to abuse or neglect but suspicious <i>See RCW 68.50.010 for certain suspicious circumstances that may need to be reported to police.</i>			
Other Miscellaneous <ul style="list-style-type: none"> Evacuation (Actual/Potential Event) Risk of Discontinuance of Services (such as no food, water or care supplies) 			
<ul style="list-style-type: none"> Fire/Explosion 	9-1-1		
<ul style="list-style-type: none"> Communicable Disease Outbreak Suspected Food borne illness 			
<ul style="list-style-type: none"> Missing Resident 			

Appendix A: Reporting Chart

Affiliate Business Profile



Meadowdale Elderhealth, Inc.
Nursing Support for Your Adult Family Home

Diane E. Young, RN, BSN

I have retired from full-time nurse delegation and assessments in Western Washington and now live in the Wenatchee area. I am consulting in the metropolitan areas of Western Washington and throughout Eastern Washington.

Here are some of my service specialties:

- Pre-Licensing Prep Visit Using the RCS Inspection Protocol: Includes Detailed Review of Care Plans and MARs
- Visits to Implement Hazardous Drug Handling and Blood-Borne Pathogens Protocols
- Writing Negotiated Care Plan Interventions for Significant Behaviors
- On-Site Continuing Education for Providers and Caregivers
- Medical Records Thinning: Get Rid of Those 20-lb. Charts in a Logical, Systematic, Safe Way

I have 46 years of nursing experience with older adults, including years as a JCAHO long-term care surveyor. My specialties are care plans, diabetes and mental health interventions.

2355 - Spring Wheat Rd.
East Wenatchee, WA 98802
Call or text at: 425-210-5621
diane@meadowdaleelderhealth.com

Dear Provider Letters

AL TSA: AFH #2019-004 PROPOSED AMENDMENTS TO CHAPTER 388-76 WAC HERE

The department is considering adding a new section to chapter 388-76 WAC "Adult Family Home Minimum Licensing Requirements" to comply with federal Home and Community Based Services requirements outlined by the Centers for Medicare and Medicaid Services.

AL TSA: AFH #2019-005 EMERGENCY EVACUATION DRILLS – REFUSAL TO PARTICIPATE HERE

This letter is to provide you with information and guidance on emergency evacuation drills. There are two types of emergency evacuation drills required under **WAC 388-76-10895**:

- A partial evacuation is evacuation to the designated emergency egress door. An adult family home must complete this type of evacuation drill at least every two months. Resident participation is optional, but each resident must participate in at least one partial evacuation drill per calendar year.
- A full evacuation is evacuation from the home to the designated safe location. An adult family home must complete this type of evacuation drill at least once per year, with all residents who live in the home at that time participating at the same time and together.

When residents refuse to participate in emergency evacuation drills as required, this poses a conflict between their right to refuse and a home's duty to ensure resident safety. Part of the responsibility to resident safety lies in demonstrating an adult family home's ability to safely evacuate all residents. If a resident refuses to participate either in the full evacuation drill or at least one partial evacuation drill per year, they are not required to do so; however, the home can still demonstrate their ability to safely evacuate all residents by doing the following:

- The resident's wish to refuse to participate must be clearly documented in their negotiated care plan;
- In the resident's negotiated care plan, the home must provide an estimate of the amount of time it would take to evacuate the resident and must show how they came to this estimate;
- The home must add this estimated time to the time recorded on the emergency evacuation drill log after each drill to ensure the length of time to evacuate does not exceed five minutes; and
- The home must continue to offer the resident a chance to participate in every evacuation drill.

A home that has documentation that they have met all of the requirements listed above would be seen as meeting the intent of this regulation with respect to the resident that has refused.

AFH Survey

You are invited to take part in a critical survey for the DSHS Home and Community Services Training Unit. We need your help to gain important information about training for Home Care Aides in Washington State.

The survey is short – it should only take about ten minutes of your time. You may also be interested to know:

- It's completely anonymous
- You will have an opportunity to tell us how we are doing.
- The survey will give us guidance to focus our efforts so we can better serve the needs of facility trainers and Home Care Aides throughout the state.

Thank you in advance for your participation in this important survey!

Be sure to complete the survey before it closes on April 3, 2019!

Take the survey:

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Upcoming Webinars

Webinar: Ownership Strategies - Entity Selection

March 26, 2019

2:30 - 3:30 PM

&

April 3, 2019

10:30 - 11:30 AM

Presented by attorneys Joshua Bam and
Neal Taylor from Gravis Law, PLLC

Discussion on the key decision points in
choosing a business entity, protecting yourself
from liability in business relationships and
special considerations in the Adult Family Home
world.

The discussion will include:

- Different types of business entities
- Creating business relationships with others
- Personal liability protection
- Tax exemptions for Adult Family Homes

*1.0 hours of CE are available for AFH Council
Members who register and attend the
webinar*

Register: [HERE](#)

Webinar: 2019 Legislative Session

March 20, 2019

2:00 - 3:00 PM

Presented by John Ficker, Adult Family Home
Council Executive Director

&

Maria Chiechi, Director of Legislative Affairs

Join us for an update of the 2019 Legislative
Session!

The discussion will include:

- A brief overview of the legislative process
- Update on the legislative agenda pertinent to the adult family home and long-term care industries in Washington State

*1.0 hours of CE are available for AFH Council
Members who register and attend the webinar.*

Register: [HERE](#)

**Stay up-to-date
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to our website!**

[HERE](#)

We Have a New Chapter!



Lacey Chapter

Adult Family Home Council

OF WASHINGTON STATE

Join Us!

March 20, 2019
11:30 am - 2:30 pm

Geneva Woods
Meeting Room

6149 Martin Way E
Lacey, WA 98516

Speaker: Laura Vaillancourt LMHS, GMHS
with Sound Options

Topic: Transitions in the Adult Family
Home

1 CEU available for AFH Council
Members

Lunch Sponsor: Geneva Woods

GenevaWoods 
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Upcoming Events & Trainings

Spring Quarter DSHS Adult Family Home Administrator Training

03/25 - 05/13
Mondays & Wednesdays
5:00 - 9:00 PM

Location: Lacey Campus

This course meets the Washington State 54-hour education requirement for Adult Family Home providers. This course is required training for those who wish to become licensed as Adult Family Home (AFH) providers in Washington State. This course introduces students to the concepts and principles of management that are essential in the formation and running of an AFH business. The course covers the roles and responsibilities of a licensed provider, the licensing process, business operations of the home, staff management, resident care issues, and resident rights. Course includes video and instruction of the inspection processes required for licensing.

Register: [HERE](#)

PLEASE JOIN US!

Who: [NewTech Skills Center](#)

Where: [4141 North Regal St. Spokane, WA 99207](#)

What: [Job Fair](#)

When: [May 3rd at 8AM](#)

Why: [Recruitment opportunity for Adult Family Homes looking for NAC staff](#)

RSVP: [Annie Longhofer](#)

longham@dshs.wa.gov 509-568-3822

You will meet newly certified NACs, receive resumes, and recruit for your Adult Family Home. Please bring your business cards, flyers, and be prepared to interview potential employees!

Participant Availability Limited. Please Call/Email to Reserve Your Space Today.



The Residential Guide to Challenging Behaviors

Come and learn tips to working with Residents with Challenging Behaviors in this three (3) hour training.

Tuesday 18th March

10am to 1pm

DSHS Office
2219 Rimland Drive Ste. 419
Bellingham

Open to all care giving staff.

You are welcome to bring a brown bag lunch.

Registration is required. Space is Limited

All attendees will receive three (3) free CEUs upon completion of the training.

To register contact:

Tammy Butler, BSc SW,
HCS Behavioral Support Specialist, HCS
tammy.butler@dshs.wa.gov
206 - 919 - 0600

Therapeutic Options Training

Therapeutic Options, Inc. is committed to helping hospitals, residential facilities, habilitation centers, community-based programs, and schools advance their use of positive practices, build violence-free environments, and reduce their reliance on physical intervention in preventing and managing aggression

Thursday, April 4th 2019

8:30am to 1:30pm

Holgate HCS Office
1737 Airport Way S
Seattle

Open to all care giving staff.

You are welcome to bring a brown bag lunch.

Please wear comfortable shoes.

Registration is required. Space is Limited

All attendees will receive three (5) free CEUs upon completion of the training.



To register contact:

Tammy Butler,
HCS Behavioral Support Specialist
tammy.butler@dshs.wa.gov



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Click on your chapter to view upcoming chapter meetings and events!



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Chapter**

Adult Family Home Council
OF WASHINGTON STATE

Join Us!



Kent Chapter

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Profitable Private Pay AFH in
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Turn-key ready adult family home nestled in quiet well-established neighborhood located within minutes from Peace Health Hospital and The Vancouver Medical Clinic. Beautifully remodeled 1900 sq. ft. home offers 5 bedrooms, 2.5 baths, large spacious great room with abundant natural light overlooking 0.34 acres of park-like landscaping with raised garden beds. Home is licensed for 5 residents and will be sold completely furnished including all appliances. New roof installed August 2017. Vinyl siding state of the art windows. Asking: \$419,000 for Home \$185,000 for business Call 360-600-0887 for more information and pictures. Please, qualified buyers only.

AFH For Sale Tokeland, WA



2591 Tokeland Rd, Tokeland 98590
List Price: \$399,900 Active Adult Family home located in Tokeland.

Dolphin Cove Adult Home licensed for 6 client residents has been in business for 10yrs. Home & business sold together. Owner will assist in transition for new owners.

6 beds, 2.5 baths, large 2-car garage w/ workshop. Newer roof, outside paint, vinyl windows & doors. Inside new vinyl floors, new carpet upstairs, new paint. 2 bdrms & bonus rm located upstairs for owner. Handicap accessible, outside decks. Quiet peaceful location. Deeded access to bay. Presented by: Sandra Shea, Washington Coast Real Estate, 360-268-0977 sandrashea@techline.com

Your Adult Family Home Council Team

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Code of Ethics for Adult Family Home Providers

This Code of Ethics for Adult Family Home Providers has been developed as a guide for carrying out provider responsibilities in a manner consistent with professional values and more standards which define the essentials of honorable behavior for the Adult Family Home Provider.

As Adult Family Home Providers, we want the public to acknowledge us as professionals. Part of this process is to develop a system of ethical codes of conduct and standards of practice that incorporate our principles and values regarding quality care. Through their Associations and working with fellow members:

- An Adult Home Provider recognizes and respects the dignity of residents without consideration for race, religion, gender, sexual orientation, social or economic status.
- An Adult Family Home Provider, while honoring the residents' rights to self determination, will promote and protect the rights of all their residents.
- An Adult Family Home Provider is responsible and accountable for their individual practice and determining how they deliver optimum care to their residents.
- An Adult Family Home Provider acknowledges the responsibility to protect their own integrity, maintain competence in their field, and continue their personal and professional growth.
- An Adult Family Home Provider will promote their profession with continued education and political action in shaping the WACs and rules that govern their profession

523 Pear Street SE, Olympia, WA 98501

Toll Free - 1-888-439-8999

Fax - 360-943-6653

www.adulthoodfamilyhomecouncil.org